

Only Ones To Know

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Choregraphie par : Esmeralda v.d. Pol (NL)

Description : 32 temps, 2 murs, Débutant, Avril 2018

Musique : « Only Ones To Know » by Pitbull ft Leona Lewis



Intro : 32 counts

SIDE, POINT, SIDE, POINT, VINE R (ROLLING VINE R.)*

- 1-2 Step RF to R side, Point LF in front of RF
- 3-4 Step LF to L side, Point RF in front of LF
- 5-6 Step RF to R side, Step LF behind RF (5-¼ turn R-step RF fwd, 6-½ turn R-step LF back)
- 7-8 Step RF to R side (7-¼ turn R-step RF to R side), Touch LF next to RF

CHASE R, ROCK BACK, SHUFFLE FWD, CROSS, POINT

- 1&2 Step LF to L side, Step RF next to LF, Step LF to L side
- 3-4 Rock RF back, Recover weight on LF
- 5&6 Step RF fwd, Step LF next to RF, Step RF fwd
- 7-8 Cross LF over RF, Point RF to R side

JAZZBOX ¼ TURN R, STEP FWD, TOUCH, STEP BACK TOUCH

- 1-2 Cross RF over LF, ¼ turn R-Step LF back
- 3-4 Step RF to R side, Step LF fwd
- 5-6 Step RF fwd, Touch L toe behind R heel
- 7-8 Step LF back, Touch RF next to LF

¼ TURN R, HIP BUMS, TOUCH, VINE L (ROLLING VINE L)*

- 1-2 ¼ turn R-step RF to R side bump R hip, Bump L hip
- 3-4 Bump R hip, Touch LF next to RF
- 5-6 Step LF to L side, Step RF behind LF (5-¼ turn L-step LF fwd, 6-½ turn L-step RF back)
- 7-8 Step LF to LF side (7-¼ turn L-step LF to L side), Touch RF next to LF

*** Option**

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